

WBAL Champs 2019 - 4/25/2019 to 4/27/2019

Meet Program - Finals

Event 1 Girls 200 Yard Medley Relay Varsity

WBAL: 1:47.02 2014 Sacred Heart Preparatory

Howe, Sturzenegger, Holman, Bower

1:58.99 CCS

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals Starts at 09:00 AM			
1	NDSJ	C	XNT
2	Menlo	C	XNT
3	NDSJ	B	XNT
4	Merb	B	X2:20.80
5	Merb	C	X2:32.80
6	Ndb Swim	B	X2:40.00
7	Ndb Swim	C	X2:50.00
8	NDSJ	D	XNT
Heat 2 of 3 Finals Starts at 09:04 AM			
1	Merb	A	2:20.80
2	CAST	C	X2:17.54
3	Pinewood	A	2:10.98
4	CAST	B	X2:04.66
5	NDSJ	A	2:09.33
6	King's	B	X2:15.00
7	Menlo	B	XNT
8	Nueva	A	NT
Heat 3 of 3 Finals Starts at 09:08 AM			
1	Pri	A	2:03.56
2	Harker	A	2:01.25
3	King's	A	1:56.92 CCS
4	SHP	A	1:51.17 CCS
5	Menlo	A	1:52.94 CCS
6	CAST	A	1:58.76 CCS
7	Crystal	A	2:03.28
8	Ndb Swim	A	2:05.00

Event 2 Boys 200 Yard Medley Relay Varsity

WBAL: 1:37.45 2012 TKA

Benight, Luh, deSmidt, Heale

1:45.99 CCS

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 09:11 AM			
4	Crystal	B	X1:59.99
5	Pri	B	XNT
6	Menlo	B	XNT
Heat 2 of 2 Finals Starts at 09:14 AM			
2	Nueva	A	1:54.39
3	Menlo	A	1:40.87 CCS
4	Harker	A	1:39.48 CCS
5	SHP	A	1:40.79 CCS
6	King's	A	1:44.84 CCS
7	Crystal	A	1:51.32
8	Pri	A	1:57.63

Event 3 Girls 200 Yard Freestyle Varsity

WBAL: 1:49.75 2017 Vivian Wang (Hark)

1:59.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 09:22 AM			
1	Phan, Alexandra	FR CSUS	2:16.10
2	Reinstra, Meg	SR MENLO	2:05.64
3	Facey, Annabel	JR SHP	2:01.99
4	Schultz, Carson	SO CAST	2:01.36
5	Rosario-Perez, Christi	SR PRIOR	2:01.38
6	Yeo, Elinor	SR TKA	2:02.96
7	Mandal, Ihita	SR HARK	2:10.60
8	Malone, Callie	JR NDB	2:18.91
Heat 2 A - Final Starts at 09:25 AM			
1	Calderoni, Jessica	SO SHP	1:59.19 CCS
2	Wluka, Georgia	SO CAST	1:58.14 CCS
3	Brownfield, Riley	SR NDB	1:58.00 CCS
4	Gibbons, Margot	FR SHP	1:54.50 CCS
5	Tudor, Emory	FR MENLO	1:56.87 CCS
6	Facey, Eleanor	SO SHP	1:58.12 CCS
7	Williams, Marie	JR CAST	1:58.39 CCS
8	Lewis, Madison	SR CAST	2:00.68
Alternates			
1	Bai, Crystal	JR MENLO	2:19.02
2	Schonfeld, Rachel	SO NDB	2:25.07

Event 4 Boys 200 Yard Freestyle Varsity

WBAL: 1:38.94 2019 Matthew Chung (Hark)

1:48.59 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 09:28 AM			
1	Ring, Mattew	SO PRIOR	2:29.70
2	West, Alex	FR TKA	2:23.09
3	Patel, Shilvaan	JR CSUS	2:09.52
4	Chang, Andrew	SO HARK	1:58.85
5	Hernandez, Nic	SR MENLO	2:08.56
6	Li, Thomas	JR CSUS	2:16.37
7	Siminoff, Ben	SO MENLO	2:24.45
8	Bautista, Carlo	FR CSUS	2:30.62
Heat 2 A - Final Starts at 09:31 AM			
1	Yu, Alexander	SR HARK	1:49.86
2	Thomas, Hugo	SO SHP	1:48.66
3	Connolly, Will	JR SHP	1:45.15 CCS
4	Chung, Matthew	SO HARK	1:38.94 CCS
5	Edwards, Rhys	SO HARK	1:43.59 CCS
6	Vercruysse, Alec	SR MENLO	1:47.93 CCS
7	Schroeder, Christian	SR SHP	1:49.41
8	Kirincich, John	FR SHP	1:51.84

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Meet Program - Finals

Event 7 Girls 200 Yard IM Varsity

WBAL: 2:02.29 2011 Ally Howe (SHP)
2:16.49 CCS

Lane	Name	Yr	School	Prelims
Heat 1 B - Final Starts at 09:33 AM				
1	Li, Katie	SO	HARK	2:31.75
2	Huang, Alyssa	JR	HARK	2:29.79
3	Ryan, Saya	SO	CSUS	2:24.33
4	Mina, Kaitlyn	JR	TKA	2:19.41
5	Reinstra, Meg	SR	MENLO	2:22.18
6	Kaplan, Abigail	SR	MENLO	2:28.55
7	Porteous, Camille	SO	MENLO	2:31.56
8	Hulsmann, Julia	SO	MB	2:38.76
Heat 2 A - Final Starts at 09:37 AM				
1	Hart, Maya	SO	NDB	2:16.32 CCS
2	Chen, Annaliese	SO	SHP	2:11.61 CCS
3	Glanville, McKaela	JR	NDB	2:11.09 CCS
4	Li, Kaia	FR	SHP	2:05.68 CCS
5	Scafetta, Ashley	SO	MENLO	2:09.18 CCS
6	Ross, Megan	SR	SHP	2:11.60 CCS
7	Hulton, Nikela	FR	HARK	2:11.65 CCS
8	Ma, Gaby	SR	SHP	2:18.33
Alternates				
1	Mason, Sasha	SR	NDSJ	2:40.52
2	Monsalve, Bella	FR	CAST	2:43.89

Event 8 Boys 200 Yard IM Varsity

WBAL: 1:49.25 2019 Ethan Hu (Hark)
2:02.49 CCS

Lane	Name	Yr	School	Prelims
Heat 1 B - Final Starts at 09:40 AM				
3	Shen, Darren	FR	CSUS	2:35.25
4	Ma, Conrad	FR	SHP	2:18.23
5	French, Walker	JR	SHP	2:25.23
Heat 2 A - Final Starts at 09:43 AM				
1	Lacerte, Alec	SO	CSUS	2:09.10
2	Lim, Joshua	JR	MENLO	2:05.86
3	Seymour, Walker	SR	SHP	2:01.53 CCS
4	Hu, Ethan	JR	HARK	1:49.25 CCS
5	Rinard, Christopher E	SR	NUEVA	1:58.92 CCS
6	McGaughey, Will	SO	SHP	2:02.22 CCS
7	Skinner, Colin	SO	MENLO	2:07.95
8	Liu, Derik	FR	CSUS	2:13.42

Event 9 Girls 50 Yard Freestyle Varsity

WBAL: 22.81 2013 Ally Howe (SHP)
25.39 CCS

Lane	Name	Yr	School	Prelims
Heat 1 B - Final Starts at 09:46 AM				
1	Joshi, Sinaya	FR	HARK	27.29
2	Cooper, Olivia	FR	PW	26.98
3	Dyckerhoff, Ana	SO	PRIOR	26.88
4	Liao, Abbey	SO	PW	25.93
5	Khoury, Annika	SR	CAST	25.97
6	Kambham, Anjali	SO	CAST	26.93
7	Durn, Sophie	SO	HARK	26.99
8	Vogel, Gracie G	SO	TKA	27.31
Heat 2 A - Final Starts at 09:47 AM				
1	Lang, Brienz	FR	SHP	25.71
2	Tambling, Ainsley Jane J	FR	CSUS	25.57
3	Brandin, Kate	SO	SHP	25.19 CCS
4	Reinstein, Sloane	JR	SHP	23.89 CCS
5	Tenczar, Emily	FR	TKA	24.62 CCS
6	McAdams, Nellie	SR	SHP	25.48
7	Hirsch, Erin	SR	CAST	25.61
8	Fearon, Nina	FR	CAST	25.77
Alternates				
1	Tung, Katherine	FR	MENLO	27.40
2	Bianchi, Sydney	JR	MENLO	27.43

Event 10 Boys 50 Yard Freestyle Varsity

WBAL: 21.36 2009 Cole Davis (Hark)
22.59 CCS

Lane	Name	Yr	School	Prelims
Heat 1 B - Final Starts at 09:49 AM				
1	Kalaw, Adrian	SR	MENLO	26.11
2	Dhilpe, Ethan	JR	TKA	25.79
3	Irwin, Isaac	SO	TKA	24.90
4	Patterson, Maxwell	SR	MENLO	23.87
5	Lu, Andrew	SO	HARK	24.38
6	Hughes, Mark	JR	PRIOR	25.38
7	Cheng, Osman	SO	TKA	25.89
8	Liu, Afton Z	SO	NUEVA	26.51
Heat 2 A - Final Starts at 09:50 AM				
1	Huchard, Suuley	JR	PRIOR	23.07
2	Kwok, Jason	SO	HARK	22.61
3	Churukian, Andrew	SR	SHP	22.44 CCS
4	Weigle, Larsen	SR	SHP	21.65 CCS
5	Lim, Matthew	JR	MENLO	22.41 CCS
6	Riley, Will	SR	SHP	22.46 CCS
7	Pasquesi, Teddy	SO	SHP	22.81
8	Hilderbrand, Greg	FR	MENLO	23.62
Alternates				
1	Gannon, Ryan	JR	NUEVA	26.74
2	Kaskade, Trevor	FR	PW	26.75

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Event 13 Girls 100 Yard Butterfly Varsity

WBAL: 54.81 2011 Ally Howe (SHP)
1:00.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 10:01 AM			
1	Kaplan, Abigail	SR MENLO	1:08.61
2	Jacobs, Audrey	FR TKA	1:05.12
3	Edwards, Ryan	FR NDB	1:03.55
4	Szczerba, Ola	SO SHP	1:02.74
5	Tang, Grace	FR MENLO	1:02.84
6	Tarakad, Neha	SR MENLO	1:03.76
7	Dyckerhoff, Ana	SO PRIOR	1:05.33
8	McGee, Brynn	FR NDSJ	1:08.66
Heat 2 A - Final Starts at 10:03 AM			
1	Singh, Nageena	FR HARK	1:02.45
2	Khouri, Annika	SR CAST	1:00.53 CCS
3	Guentert, Louise	SO NDSJ	1:00.35 CCS
4	Chen, Annaliese	SO SHP	57.99 CCS
5	Hulton, Nikela	FR HARK	59.04 CCS
6	McAdam, Carly	SO MENLO	1:00.42 CCS
7	Williams, Marie	JR CAST	1:01.10
8	Fearon, Nina	FR CAST	1:02.68
Alternates			
1	Qin, Sophia	SO CSUS	1:09.05
2	Ginouves, Devin	JR SHP	1:09.94

Event 14 Boys 100 Yard Butterfly Varsity

WBAL: 47.57 2019 Ethan Hu (Hark)
54.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 10:05 AM			
1	West, Alex	FR TKA	1:12.62
2	Hughes, Mark	JR PRIOR	1:04.55
3	Pasquesi, Teddy	SO SHP	59.16
4	Plaschke, James	SR SHP	58.08
5	Joshi, Arnav	JR HARK	58.88
6	Enright, Connor	JR MENLO	1:01.97
7	Cho, Justin	FR TKA	1:04.80
Heat 2 A - Final Starts at 10:07 AM			
1	Kohn, Kenneth	SO CSUS	55.20
2	Lim, Matthew	JR MENLO	53.70 CCS
3	Edwards, Rhys	SO HARK	52.26 CCS
4	Hu, Ethan	JR HARK	47.57 CCS
5	Chung, Matthew	SO HARK	49.81 CCS
6	Kim, Ryan	JR SHP	52.40 CCS
7	Schoenthaler, Brad	JR PRIOR	55.07
8	Skinner, Colin	SO MENLO	56.50

Event 15 Girls 100 Yard Freestyle Varsity

WBAL: 52.32 2010 Jessica Khojasteh (Hark)
55.39 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 10:08 AM			
1	Pisani, Claire	SR CAST	1:01.18
2	Phan, Alexandra	FR CSUS	1:00.70
3	Tang, Grace	FR MENLO	57.84
4	Wluka, Georgia	SO CAST	55.97
5	Yeo, Elinor	SR TKA	57.37
6	Vogel, Gracie G	SO TKA	59.65
7	Tung, Katherine	FR MENLO	1:00.75
8	Chen, Jane	FR PRIOR	1:01.35
Heat 2 A - Final Starts at 10:10 AM			
1	Jacobs, Zoe	JR TKA	55.33 CCS
2	Hirsch, Erin	SR CAST	55.04 CCS
3	Tenczar, Emily	FR TKA	53.93 CCS
4	Reinstein, Sloane	JR SHP	52.51 CCS
5	Glanville, McKaela	JR NDB	52.85 CCS
6	Woodhead, Ella	FR SHP	54.53 CCS
7	McAdams, Nellie	SR SHP	55.20 CCS
8	Brandin, Kate	SO SHP	55.62
Alternates			
1	Tian, Betsy	SO HARK	1:01.39
2	Bianchi, Sydney	JR MENLO	1:01.41

Event 16 Boys 100 Yard Freestyle Varsity

WBAL: 46.62 2010 Tom Kremer (SHP)
49.69 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 10:12 AM			
1	Liu, Afton Z	SO NUEVA	1:02.45
2	Adams, Clay C	JR NUEVA	59.13
3	Chen, Justin	JR CSUS	56.46
4	Huchard, Suuley	JR PRIOR	54.31
5	Lu, Andrew	SO HARK	54.53
6	Irwin, Isaac	SO TKA	58.03
7	Thilking, Jay	FR HARK	59.92
8	Ring, Mattew	SO PRIOR	1:07.26
Heat 2 A - Final Starts at 10:14 AM			
1	Enright, Connor	JR MENLO	52.39
2	Hilderbrand, Greg	FR MENLO	51.25
3	Riley, Will	SR SHP	49.78
4	Weigle, Larsen	SR SHP	48.02 CCS
5	Churukian, Andrew	SR SHP	49.11 CCS
6	Weigle, Bear	FR SHP	50.04
7	Patterson, Maxwell	SR MENLO	51.92
8	King, Jack	JR MENLO	53.42
Alternates			
1	Kutay, Sean	SO PRIOR	1:08.46
2	Cassel, Daniel	SR PRIOR	1:08.54

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Event 17 Girls 500 Yard Freestyle Varsity

WBAL: 4:44.53 2014 Ally Howe (SHP)
5:25.49 CCS

Lane Name Yr School Prelims**Heat 1 B - Final Starts at 10:15 AM**

1	Grace, Kaileen	FR NDSJ	6:44.62
2	Qin, Sophia	SO CSUS	6:28.12
3	Facey, Annabel	JR SHP	5:45.03
4	Vercruysse, Olivia	SR CAST	5:39.30
5	Mandal, Ihita	SR HARK	5:44.12
6	McGee, Brynn	FR NDSJ	6:01.88
7	Reyes, Fiona	JR NDSJ	6:41.66
8	More, Angel	JR MENLO	6:54.18

Heat 2 A - Final Starts at 10:23 AM

1	Hart, Maya	SO NDB	5:31.24
2	Lewis, Madison	SR CAST	5:24.09 CCS
3	Facey, Eleanor	SO SHP	5:18.99 CCS
4	Gibbons, Margot	FR SHP	5:04.84 CCS
5	Brownfield, Riley	SR NDB	5:16.76 CCS
6	Schultz, Carson	SO CAST	5:20.44 CCS
7	Calderoni, Jessica	SO SHP	5:27.24
8	Dingpontosawa, Sela	SO CAST	5:34.75

Alternates

1	Street, Maggie	SO MB	6:57.69
2	Rosenblatt, Mia	SR MENLO	7:03.39

Event 18 Boys 500 Yard Freestyle Varsity

WBAL: 4:29.69 2010 Kevin Owens (TKA)
4:57.99 CCS

Lane Name Yr School Prelims**Heat 1 A - Final Starts at 10:29 AM**

1	Patel, Shilvaan	JR CSUS	5:49.50
2	Kohn, Kenneth	SO CSUS	5:22.57
3	Plaschke, James	SR SHP	5:05.20
4	Yu, Alexander	SR HARK	4:51.01 CCS
5	McGaughey, Will	SO SHP	5:04.45
6	Lacerte, Alec	SO CSUS	5:20.13
7	Schroeder, Christian	SR SHP	5:25.69
8	Dhilpe, Ethan	JR TKA	6:23.18

Event 19 Girls 200 Yard Freestyle Relay Varsity

WBAL: 1:36.52 2014 Sacred Heart Prep
Howe, Holman, Bower, Sturzenegger
1:46.99 CCS

Lane Team Relay Seed Time**Heat 1 of 4 Finals Starts at 10:42 AM**

3	NDSJ	D	XNT
4	Merb	D	X2:20.00
5	King's	C	X2:24.41
6	NDSJ	C	XNT
7	Menlo	C	XNT

Heat 2 of 4 Finals Starts at 10:45 AM

1	NDSJ	B	XNT
2	CAST	C	X2:10.24
3	CAST	B	X2:04.14
4	King's	B	X2:01.55
5	Merb	B	X2:01.90
6	SHP	D	X2:07.51
7	Merb	C	X2:12.00
8	Ndb Swim	C	X2:15.00

Heat 3 of 4 Finals Starts at 10:48 AM

1	Pinewood	A	2:07.91
2	Menlo	B	XNT
3	Ndb Swim	B	X1:57.00
4	SHP	B	X1:46.02 CCS
5	Crystal	A	1:51.21
6	SHP	C	X1:54.52
7	Merb	A	2:01.90
8	Nueva	A	NT

Heat 4 of 4 Finals Starts at 10:51 AM

1	Harker	A	1:50.42
2	Pri	A	1:48.55
3	King's	A	1:42.89 CCS
4	SHP	A	1:39.86 CCS
5	Menlo	A	1:42.74 CCS
6	Ndb Swim	A	1:46.06 CCS
7	NDSJ	A	1:48.55
8	CAST	A	1:50.65

Event 20 Boys 200 Yard Freestyle Relay Varsity

WBAL: 1:27.91 2018 Sacred Heart Prep

Rohlen, Nemeth, Weigle, Ballack

1:34.39 CCS

Lane Team Relay Seed Time**Heat 1 of 2 Finals Starts at 10:53 AM**

1	King's	B	X1:55.54
2	SHP	E	X1:42.17
3	Menlo	B	XNT
4	SHP	B	X1:33.66 CCS
5	SHP	C	X1:36.46
6	SHP	D	X1:39.39
7	Pri	B	X1:52.48
8	Menlo	C	XNT

Heat 2 of 2 Finals Starts at 10:56 AM

1	Nueva	A	1:51.76
2	King's	A	1:46.68
3	Harker	A	1:31.13 CCS
4	SHP	A	1:29.49 CCS
5	Menlo	A	1:30.72 CCS
6	Pri	A	1:41.19
7	Crystal	A	1:50.99

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Event 23 Girls 100 Yard Backstroke Varsity

WBAL: 53.57 2013 Ally Howe (SHP)
1:02.39 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 11:03 AM			
1	Dingpontosawa, Sela	SO CAST	1:07.31
2	Rosario-Perez, Christi	SR PRIOR	1:06.07
3	Martinez, Kristen	SO NDB	1:06.03
4	Kambham, Anjali	SO CAST	1:04.49
5	Durn, Sophie	SO HARK	1:05.67
6	Joshi, Sinaya	FR HARK	1:06.07
7	Tambling, Ainsley Jane J	FR CSUS	1:06.90
8	Edwards, Ryan	FR NDB	1:07.81
Heat 2 A - Final Starts at 11:06 AM			
1	Jacobs, Zoe	JR TKA	1:02.63
2	Szczerba, Ola	SO SHP	1:01.71 CCS
3	Tudor, Emory	FR MENLO	1:00.36 CCS
4	Liao, Abbey	SO PW	59.90 CCS
5	Golub, Sophie	JR MENLO	1:00.02 CCS
6	Guentert, Louise	SO NDSJ	1:00.82 CCS
7	Woodhead, Ella	FR SHP	1:01.91 CCS
8	Mina, Kaitlyn	JR TKA	1:04.17
Alternates			
1	Schonfeld, Rachel	SO NDB	1:11.31
2	Klingelhofer, Meri	SR MENLO	1:12.07

Event 24 Boys 100 Yard Backstroke Varsity

WBAL: 50.40 2012 Tom Kremer (SHP)
56.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 11:08 AM			
3	Morser-deBrier, Max	FR CSUS	1:21.89
4	Bautista, Carlo	FR CSUS	1:15.79
5	Murad, Jack	FR MENLO	1:16.17
Heat 2 A - Final Starts at 11:10 AM			
1	Shen, Darren	FR CSUS	1:11.31
2	Schoenthaler, Brad	JR PRIOR	58.18
3	Thomas, Hugo	SO SHP	54.99 CCS
4	Rinard, Christopher E	SR NUEVA	52.42 CCS
5	Connolly, Will	JR SHP	54.83 CCS
6	Hammarskjold, Luke	SO SHP	56.83 CCS
7	Kirincich, John	FR SHP	1:03.85
8	Li, Thomas	JR CSUS	1:12.16

Event 27 Girls 100 Yard Breaststroke Varsity

WBAL: 1:03.44 2017 Natalie Tuck (Cast)
1:10.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 11:12 AM			
1	Hong, Connie	SO NUEVA	1:26.33
2	Vogel, Katie K	SO TKA	1:18.09
3	Porteous, Camille	SO MENLO	1:17.66
4	Ryan, Saya	SO CSUS	1:13.26
5	Jacobs, Audrey	FR TKA	1:15.33
6	Steffen, Jui	SR CAST	1:17.67
7	Bai, Crystal	JR MENLO	1:18.57
8	McElhinney, Elsa	SO CAST	1:27.67
Heat 2 A - Final Starts at 11:14 AM			
1	Tarakad, Neha	SR MENLO	1:11.69
2	Cooper, Olivia	FR PW	1:09.76 CCS
3	Ross, Megan	SR SHP	1:07.32 CCS
4	Li, Kaia	FR SHP	1:06.18 CCS
5	Scafetta, Ashley	SO MENLO	1:07.10 CCS
6	Ma, Gaby	SR SHP	1:07.45 CCS
7	Bachler, Bella	SO SHP	1:10.35 CCS
8	Li, Katie	SO HARK	1:11.71
Alternates			
1	Rau, Dania	JR NDB	1:28.29
2	Moore, Gwen	JR NDSJ	1:30.14

Event 28 Boys 100 Yard Breaststroke Varsity

WBAL: 56.97 2012 Alex Luh (TKA)
1:01.99 CCS

Lane	Name	Yr School	Prelims
Heat 1 B - Final Starts at 11:16 AM			
2	Gannon, Ryan	JR NUEVA	1:13.96
3	Adams, Clay C	JR NUEVA	1:12.61
4	Liu, Derik	FR CSUS	1:09.33
5	Cho, Justin	FR TKA	1:12.49
6	Kaskade, Trevor	FR PW	1:13.77
7	Turk, Luke	FR PRIOR	1:25.79
Heat 2 A - Final Starts at 11:19 AM			
1	Ma, Conrad	FR SHP	1:05.63
2	Chang, Andrew	SO HARK	1:03.04
3	Vercruyssen, Alec	SR MENLO	1:01.36 CCS
4	Kwok, Jason	SO HARK	57.16 CCS
5	Kim, Ryan	JR SHP	1:01.03 CCS
6	Seymour, Walker	SR SHP	1:02.24
7	Lim, Joshua	JR MENLO	1:04.61
8	Rotenberg, Isaac	SO SHP	1:06.92

WBAL Champs 2019 - 4/25/2019 to 4/27/2019**Meet Program - Finals****Event 29 Girls 400 Yard Freestyle Relay Varsity**

WBAL: 3:34.88 2017 SHP

Holman, Charlton, Snow, Bower

3:56.99 CCS

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 11:25 AM			
1	SHP	D	X4:25.66
2	SHP	C	X4:13.82
3	Menlo	B	XNT
4	SHP	B	X3:51.36 CCS
5	CAST	B	X4:01.78
6	Ndb Swim	B	XNT
7	Menlo	C	XNT
Heat 2 of 2 Finals Starts at 11:31 AM			
1	Nueva	A	NT
2	NDSJ	A	4:09.06
3	Menlo	A	3:54.03 CCS
4	SHP	A	3:36.11 CCS
5	Ndb Swim	A	3:52.93 CCS
6	CAST	A	3:55.18 CCS
7	Harker	A	4:10.51

Event 30 Boys 400 Yard Freestyle Relay Varsity

WBAL: 3:12.42 2012 Sacred Heart Prep

Koenig, Jollymour, Hinrichs, Kremer

3:29.99 CCS

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals Starts at 11:36 AM			
2	SHP	D	X3:38.94
3	SHP	C	X3:32.31
4	SHP	B	X3:22.54 CCS
5	Menlo	B	XNT
6	Menlo	C	XNT
7	SHP	E	X3:55.12
Heat 2 of 2 Finals Starts at 11:40 AM			
2	King's	A	3:56.23
3	Harker	A	3:29.12 CCS
4	SHP	A	3:16.74 CCS
5	Menlo	A	3:28.78 CCS
6	Crystal	A	3:45.16
7	Nueva	A	NT